Personality Essentials Series

Cognitive Agility

Sam Sample
18/01/2024

Discovering insights about how you think

People approach problem-solving and complex information in different ways.

Welcome to your Report

Matrigma measures abstract reasoning or non-verbal problem-solving ability. It requires individuals to find patterns and uncover logic in a series of patterns or figures. Performance on this assessment is not dependent on level of education, existing knowledge, or individual cultural differences. Instead, it is a measure of pure, innate problem-solving ability.

Through decades of organisational psychology research, General Mental Ability has emerged as a consistent predictor of workplace performance, especially in more complex roles. In the real world, this means that performance on this assessment can help us predict who is likely to learn quickly and require continuous challenge, versus whose who will develop better through a steady and structured learning and onboarding system.

The results from this assessment will be used to inform the process in which you're currently taking part, and considered alongside other sources of appropriate information such as personality results, interviews, and feedback from colleagues or referees. The different characteristics that make up our personality and cognitive ability interact and can help us to leverage strengths or mitigate weaknesses. For example, being highly conscientious and well planned can help us compensate when dealing with complex challenges.
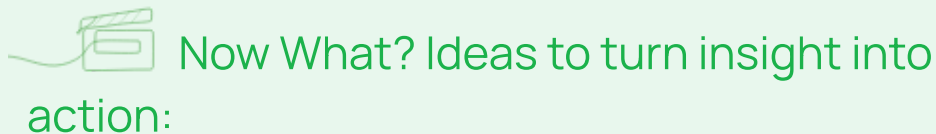
Cognitive Agility

takes longer to grasp complexity,

quicker to grasp complexity

Your score in this assessment places you in the above average range.

What:

Scoring in this range means you are likely to be an effective problem-solver who learns quickly and handles complex challenges with relative ease.

So What - reflections and review:

You are likely to be efficient in your work tasks and thrive in a role that makes good use of your problem-solving ability. However, you can become disengaged if your environment does not offer sufficient challenge. In your quickness to solve problems, you may at times overlook the importance of taking others along with you on the journey.

Now What? Ideas to turn insight into action:

When working with others, ensure you take the time to break down your thought process and explain the rationale behind your thinking.

Most people will not process complexity at the same pace as you. It will be important for you to deliberately slow down, check for understanding, and ensure you haven't left people behind.

WINSBOROUGH