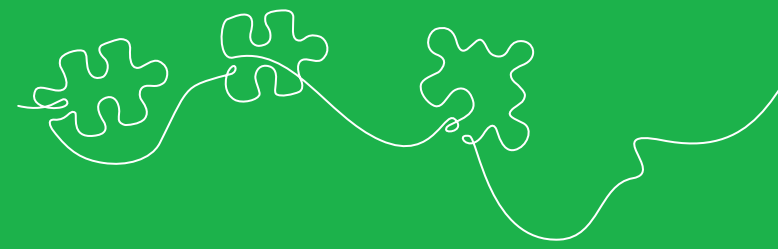


Learn to Lead: Get The Keys to Unlock Leadership Potential

Are you looking to take leadership in your organisation to the next level? Do you want leaders in your organisation to become a more effective and influential?

Designed for both new and experienced leaders, Leadership Essentials is a comprehensive and tailored leadership development program that will help leaders gain the essential skills required to navigate the complex challenges of modern leadership and become a more effective and influential leader. Based on practical wisdom, scientific research and deep experience in real world situations, Leadership Essentials focuses on helping leaders understand the psychology of leadership and followership, deepen self-awareness, learn to build effective teams, and become a more competent and confident leader.

The program includes 13 modules to 'pick and mix' from and is delivered through a combination of interactive workshops, peer to peer coaching sessions, and between workshop activities. With a flexible format and tailored content, Leadership Essentials is designed to meet the specific needs of your organisation and ensure participants develop the knowledge, mindset, and habits required for ongoing success as a leader.



Leadership Essentials – The Modules

LEADING SELF

- How you show up as a leader
- The role of a leader
- Building personal resilience

LEADING OTHERS

- Values in action
- How to build a team
- Building psychological safety and trust

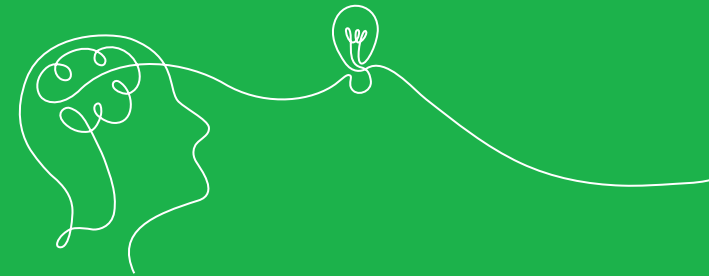
LEADING PERFORMANCE

- Setting and achieving goals
- Powerful communication
- Feedback and constructive conversation

SUSTAINING LEADERSHIP

- Coaching for high performance
- Leading through change
- How to use your time effectively
- Committing to personal growth





Key Benefits of Leadership Essentials:

- Develop leaders others want to follow.
- Deepen self-awareness. Create plans to harness strengths and overcome weaknesses. Understand the psychology of followers to be a more confident leader.
- Build powerful teams.
- Apply the latest psychological research and Winsborough's experience working with top firms, the military and high performance sport to build effective teams.
- Create transformational mindsets.
- Lead for improvement and productivity. Go beyond managing 'what is and create what could be. Build mindsets of 'can do', not 'have to'.

But don't just take our word for it:

For Tall Poppy the Leadership Essentials Programme was a game changer that over 12 months saw leadership skills and confidence increase by 43%.

As one participant put it "This programme has given me so many more skills that I didn't even know I was lacking in. I took away so many key things that are going to help not only me as a leader but my team and business. The skills learnt are so valuable to my future success."